

Please check the details below and make sure that all participants (Chaperons, JAs and PAs) fully understand the contents.

■ Meal types served at Marine House and Global Alena

(A)Standard Meal

- All included

(B)Halal Meal

- We serve Halal processed chicken and beef, but do not serve pork

(C)Vegetarian Meal

- Meal without any meat (pork, beef, chicken), seafood (fish, shellfish)

but includes eggs, milk, dairy products. *Not a vegan meal.

IMPORTANT

(B)Halal Meal and **(C)Vegetarian Meal** will be offered exclusively to the people who requested them prior to the program with the "Meal Type Request Form". You cannot change the meal type after your arrival. So, please read the instruction carefully and confirm with participants before filling the Meal request form.

■ About Food Allergy and Religious Food Restrictions

- APCC can't provide any care or satisfy needs for participants with health issue, including food allergies. Please make sure that each selected JAs can take care of his/her own conditions without assistance from adults, and can determine what he/she can and cannot eat.
- The following fourteen ingredients will be indicated by corresponding pictures (pictograms) when used in the dishes of Standard Meal. Participant with food allergies or religious restrictions need to decide whether he/she will be fine eating the dish by him/herself.
- There will be an explanation chart regarding these pictograms at Marine House but if you wish to check the ingredients besides the fourteen items, please come to the staff at the head office.

Pictograms (it will be shown with the name of item in Japanese and English)



Example of the use of Pictogram



